

## Hi all! Want your help PLEASE! first post

Posted by gmak - 07 Oct 2012 23:14

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I have been told i have AA finally after 24 years. My dr of 17 yrs retired & my dr of 12 years left. So, i began the painful search for a new dr. 3 neurosurgeons & 2 pain mgmt drs later i found someone that would treat me, but he is not optimal. I am having neuropathic symptoms like never before. My back buzzes so much i feel like i have a TENS on with power lines shooting down to my feet. My face buzzes & my feet & hands are numb. Besides the incompatible with being alive pain. Has ANYONE ever had this buzzing? Also, my family wants me to see an expert on AA to see if ANYTHING can be done. Dr warnke, a anatomic pathologist, dr burton in Minneapolis, dr Falci @ craig univ, dr green @ univmiami? Has anyone seen one of these guys? Or someone else? Dont want to travel to hear that i just have to live with it? Any help would be so appreciated!

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## Re: Hi all! Want your help PLEASE! first post

Posted by gmak - 04 Mar 2013 04:44

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'oh' hello, I know by now he surely is in the hospital, i pray Gods favor is with him. How are you  
&quot;holding up&quot; ? gmak

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## Re: Hi all! Want your help PLEASE! first post

Posted by Intractable - 19 Mar 2013 22:22

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Want our stories, there nightmares! I was diagnosed in early 2011 with AA after telling doctors that after my auto accident in 2010 that pain is worsening in my back but was told its chronic pain. An MRI caught it and almost all doctors do not know the severity of this and I have been called a pill chaser. WOW!! It came from a surgery in 2007, the scar tissue has clumped my nerves together causing pain at all times ALL TIMES!! NEVER STOPS!! I have wanted to die and to be honest if I had no children I would not waste any more time here trying to live life with this. I have moved recently and now I am searching for a doctor to work with me and have been turned down everywhere I have searched, I have been in the emergency room twice this week so far due to not able to shut the pain off for the fact that I cannot find a doctor that will write any pain meds so I will be back to the ER again, only to be told we will not deal with chronic pain at the ER room. I will have to buy street pain meds to keep myself alive until I can find an educated doctor. Sorry for the rant right now I'm upset with the whole thing.

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## Re: Hi all! Want your help PLEASE! first post

Posted by gmak - 20 Mar 2013 02:25

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Dear intractable, Have you tried a physical medicine & rehab dr? Their practices are usually 50% treating acute & chronic pain & 50% rehab. Their key goal is to reestablish functioning to the highest

level the patient can achieve. A physiatrist is another name for them. So sorry that you are having this trouble. Yes, we want your nightmare bc we all are having nightmares! But, at least you can hear another person say i know, really know what torment that you are going through, me i know & all of us know. I had aa on my MRI's since 1988-2012 & i was told in 2012! No "what" it is just "that" i had it. Its very hard & while i have no arach dr i do see a physiatrist for pain meds. I truly hope that you find help immediately!

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## Emotional

Posted by Intractable - 20 Mar 2013 12:31

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I would love to cry sometime but it hurts to bad!! Yes gmak I have been thru it all. The physical therapy that irritated it when they worked with it that I was unable to walk most of the time. The injections that inflamed it to the point of suicide. The pain doc said that its not effective on me so let's send you to a pain hospital for in treatment. I have been to a counselor and yes it helps to have someone listen. I have learned to cope with enough deficit since the accident when I was hospitalized for a month and then sent to brain rehab to deal with what has happened and put me on disability. I know I cannot function as I was brought up to do so as a person and I have succumb to that realization, that hurts in itself!! I have to stop ranting due to my muscles are going to he'll and I know I need to settle my thoughts or I'm in trouble. Thanks for listening.

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## Re: Emotional

Posted by helen - 01 Apr 2013 16:35

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Dear Intractable

Yes we hurt and don't want any more pain and debilitating symptoms. I feel like a freak of nature and just hurt those around me. I'm ashamed I can't function normally - spending so much time housebound and laid up.

With regards to pain meds I find pregabalin helpful and lorazepan at night to aid sleep.

Best wishes Helen

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