

## NANCY EPSTEIN REPORT

Posted by helen - 10 Jan 2016 17:51

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If everyone had the option to read this report, prior to any kind of doctor sticking a needle in/close to their SPINE so many injuries, much pain and suffering would be avoided...

[www.ncbi.nlm.nih.gov/pmc/articles/PMC3642757/](http://www.ncbi.nlm.nih.gov/pmc/articles/PMC3642757/)

Wish you all better days in 2016 xx

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## Re: NANCY EPSTEIN REPORT

Posted by helen - 22 Mar 2016 10:09

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Hi gmak, sorry to learn you're in similar situation. I haven't read about Dr Tennants protocol, but will look it up. As you will see from my post about MS and stem cells, I keep investigating new leads. Seems thyroid problems quite common, wasn't surprised because of years of muscle cramps in my neck/throat. Your bloods have shown up sugar and liver abnormalities too, hope the repeat test are better. My GP ALWAYS says anything abnormal with me is down to age etc., any excuse rather than admit it's probably Arachnoiditis, which is very frustrating after 17 years!!

Love to you and please keep in touch, its good to share xx

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## Re: NANCY EPSTEIN REPORT

Posted by kev - 22 Mar 2016 13:11

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Hello again folks. Your dr sounds like mine Helen, he's unwilling or unable to link any of my symptoms to Arach, he doesn't know much about it though. Keeps putting my fatigue, sweating/freezing symptoms down to side effects of tablets! Our local surgery is a joke, it used to have about 8 Docs but now there are only 2 and you have to wait a month for an appt.

Gmak, its terrible the problems pain patients are having in the US in getting proper pain relief, i hope you don't have any problems. Though we don't have that issue so bad here in the UK there is currently an ongoing crusade by the government to slash disability benefits. As if we don't have enough stress in our lives!

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## Re: NANCY EPSTEIN REPORT

Posted by helen - 23 Mar 2016 13:00

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Hi Kev, sorry your GP situation is so bad! Now Iain Duncan Smith has resigned (our local MP) government taking another look at disability reforms/cuts...???

You noticed too how all the drugs we rely on, can have the same side-effects symptoms of "A". I do wonder what the combination does to us 😊

Informative image attached, hopefully...

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