

DocSarah Visits the Forum

Posted by Kim - 10 Nov 2005 20:28

Hi Doc

Hope you managed to visit tonight after 9pm GMT. Sorry but it too late for me. Brain Dead from about 6-7pm on a good day. Part of your pacing skills strategy. I go in three hour blocks during the day and just aim to reach each target time.

Had three good days and then went rapidly down hill Thursday afternoon. Got a meeting tomorrow I am desparately hoping I can attend. Here's hoping!

Have a look around Doc, we are pretty thin on the ground at the moment because I haven't been able to keep up. But I have got Ann to help me now.

BTW do you think I should put up the Southampton research link you gave me? I will put up the GW Pharm link hopefully tomorrow. You just put the link on a one word button but I have to get my head round that first.

Thanks Doc and welcome back online - expect nothing but the usual from me

Nemesis

PS If you think I putting the other article on ESI's up forget it. I won't give credance to a man who ruined my health but not my life! 🙄

Post edited by: Kim, at: 2005/11/10 20:29

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