

## Please login before you post on the Forum

Posted by jamiepearson - 05 Mar 2007 14:03

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You may have noticed we've had some spam posts on the Forum recently. To stop this happening again, we now require you to be logged in before posting messages.

To log in, please click on 'Home' link on the left hand column of any page on the website. You will then be on the website homepage. Use the login box at the bottom of the left-hand column to either register for, or login to, the Forum.

Please note you don't have to be logged in if you only wish to read the messages on the Forum.

Thank you for complying with the above. It will help to make the Forum a pleasant and safe place to meet and exchange views and information.

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