

Life

Posted by Kim - 31 May 2005 12:04

A friend just sent me this! Very apt!

M'Lady

Makes sense

Subject: When We Were Kids

Life was better when we were kids.....

TO ALL THE KIDS WHO SURVIVED the

1930's, 40's, 50's, 60's and 70's...!!

First, we survived being born to mothers who
smoked and/or drank while they carried us.

They took aspirin, ate blue cheese dressing
and didn't get tested for diabetes.

Then after that trauma, our baby cribs were covered with bright colored lead-based paints.

We had no childproof lids on medicine bottles,
doors or cabinets and when we rode our bikes,
we had no helmets, not to mention, the risks we
took hitchhiking.

As children, we would ride in cars with no seat
belts or air bags.

Riding in the back of a pick up on a warm day
was always a special treat.

We drank water from the garden hose and

NOT from a bottle.

We shared one soft drink with four friends,

from one bottle and NO ONE actually died

from this.

We ate cupcakes, bread and butter and drank

soda pop with sugar in it, but we weren't

overweight because WE WERE ALWAYS

OUTSIDE PLAYING!

We would leave home in the morning and play

all day, as long as we were back when the

streetlights came on.

No one was able to reach us all day. And we were O.K.

We would spend hours building our go-carts
out of scraps and then ride down the hill, only
to find out we forgot the brakes. After running
into the bushes a few times, we learned to solve
the problem.

We did not have Playstations, Nintendo's,
X-boxes, no video games at all, no 99 channels
on cable, no video tape movies, no surround
sound, no cell phones, no personal computers,
no Internet or Internet chat rooms.....WE HAD
FRIENDS and we went outside and found them!

We fell out of trees, got cut, broke bones and teeth and there
were no lawsuits from these accidents.

We made up games with sticks and tennis balls and ate worms
and although we were told it would happen, we did not put out
very many eyes, nor did the worms live in us forever.

We rode bikes or walked to a friend's house
and knocked on the door or rang the bell, or
just walked in and talked to them!

Little League had tryouts and not everyone
made the team. Those who didn't had to learn
to deal with disappointment. Imagine that!!

The idea of a parent bailing us out if we broke
the law was unheard of. They actually sided
with the law!

This generation has produced some of the best risk-takers,
problem solvers and inventors ever!

The past 50 years have been an explosion of
innovation and new ideas.

We had freedom, failure, success and
responsibility, and we learned HOW TO
DEAL WITH IT ALL!

And YOU are one of them!
CONGRATULATIONS!

You might want to share this with others who
have had the luck to grow up as kids, before
the lawyers and the government regulated our
lives for our own good.

Kind of makes you want to run through the

house with scissors, doesn't it?!

L&L

Your Liege



Re:Life

Posted by ann - 23 Aug 2005 03:50

this one is for friends and family that do not understand

what it is like to be in this type of pain!!!

"Please understand that being in pain doesn't mean I am still not a human being. I have to spend most of my day with this pain and I probably don't seem like much fun to be with, but I am still me within this body.

Please understand the difference between being `happy` and `healthy`. When you have the flu you probably feel miserable with it, but I have been in this pain for years and I cannot be miserable all the time. In fact I work hard at NOT being miserable, so if you are talking to me and I sound happy, it means I am happy. That's all. It doesn't mean that I am not in a lot of pain or extremely tired or that I am getting better, or any of those things. Please don't say "Oh you are sounding better". I am not sounding better, I am sounding happy.

Please understand that being able to walk for 10 minutes doesn't necessarily mean I can walk for 20 minutes. And just because I managed to walk for 20 minutes today doesn't mean I can walk the same today. It is just as confusing for me as it is for you.

Please understand my pain is variable. It is quite possible that one day I am able to walk to the park and back whilst the next day I will have trouble getting to the kitchen. Please therefore don't attack me when I am in pain one day and you say "But you did it before". If you want me to do something then ask if I can. In a similar vein I may need to cancel an invitation at the last minute and if this happens, do not take it personally.

Please understand that getting out and doing things does not make me feel better - it can often make things much worse. My pain can cause secondary depression (wouldn't YOU get depressed if you were

hurting all the time?), but it is not created by depression.

Please understand that if I say I have to sit down/take these pills now, that I have to do it right now and it cannot be put off because I am out for the day or whatever.

If you want to suggest a cure for me.....don't. It is not because I don't appreciate the thought and it is not because I don't want to get well, it is because I have had almost every single one of my friends suggest something at one point or another. You can try them all then realise you are using up so much energy trying things that can even make you worse.

In many ways I depend on others who are not in pain.....sometimes I need help with the shopping, cooking or cleaning. I may need the help of the doctor or physiotherapist. I may need people at different levels, they are my link to the outside world, and as much as possible I need you to help me

i found this one on one of the other boards ann..

=====