Alpha-blockers: useful for urge incontinence and in cases of prostate enlargement; they reduce the tone of smooth muscles in the urethra, decreasing urethral resistance and relieving symptoms of obstruction.

Examples include: Doxazosin (Cardura), Terazosin (Hytrin), Tamsulosin (Flomax). Side-effects include: drowsiness, dizziness, postural hypotension (drop in blood pressure on standing up), depression, headache, dry mouth, nausea, rhinitis (runny nose), *urinary frequency and incontinence,* erectile disorders, palpitations.

They should not be used in patients with low blood pressure and micturition syncope (fainting when passing urine).