

### DocSarah's Warning on MMS

I've just watched The One Show in BBC1, UK which had a feature on Miracle Mineral Supplement (MMS) produced by a man called Jim Humble who touts it as a cure for pretty much everything that can ail you, including cancer! However, earlier this year the FDA in the US issued a warning about this product, which, when prepared as per instructions, makes chlorine dioxide aka bleach! There have been no reported deaths from use of MMS; however the FDA has received numerous reports of nausea, severe vomiting, and life-threatening low blood pressure caused by dehydration.

**DO NOT TAKE THIS PRODUCT!**

Similarly, be extremely wary of 'cures' found on the Internet: always check with your doctor or post a message on our forum and I will look into it for you.